

# The Stags Head - DAIRY FREE MENU

## The Dishes On This Menu Are Prepared With Ingredients Containing No Dairy

To Reduce The Risk Of Cross Contamination From Allergens During Preparation There Are Controlled Procedures In The Kitchen. Every Care Is Taken To Avoid Any Cross Contamination When Processing A Specific Allergen Free Order. We Do However Work In A Kitchen That Processes Allergenic Ingredients And Do Not Have A Specific Allergen Free Zone Or Dedicated Fryers. All Dishes On This Menu Are Subject To Ingredients Availability. (V) = Vegetarian

**When Ordering From This Menu, Please Specify To Your Server That Your Food Choice Is From The Dairy Free Menu.**

## Starters

Garlic, Lemon & Herb Marinated Pitted Olives (V) 3.25

Warm Toasted Gluten & Dairy Free Ciabatta With Balsamic Vinegar & Olive Oil Dipping Pot 4.25

Retro Prawn & Avocado Cocktail Served With Marie Rose Sauce 7.25 (\* Children's Portion 4.25)

Shredded Warm Aromatic Duck, Beansprout & Beetroot Salad In A Baby Gem Lettuce Leaf 6.95

Grilled Half Pepper Bell Stuffed With Spicy Rice & Mushrooms (Vegan) 5.50

Devilled Whitebait Served With A Zesty Lime Mayonnaise 7.50

Garlic Tiger Prawns In A Hot Sizzling Sauce Of Garlic Olive Oil & A Hint Of Chilli, Served With Gluten Free Ciabatta 8.50

## Main Courses

*All Main Courses Come With The Choice Of Two Of The Following:*

*-New Potatoes, Chips, Sweet Potato Fries, Toasted Dairy & Gluten Free Garlic Ciabatta*

*-Carrots & Green Beans, House Side Salad, Peas, Chefs Coleslaw*

Chargrilled Extra Mature 8oz Fillet Steak 25.00  
With A Portobello Mushroom Stuffed With A Warm Sautéed Onion, Garlic, Tomato, Olive Oil & Basil Concasse (This Cut Is Extremely Lean & Tender)

Chargrilled Extra Mature 8oz Rib Eye Steak 18.00  
With A Portobello Mushroom Stuffed With A Warm Sautéed Onion, Garlic, Tomato, Olive Oil & Basil Concasse (This Cut Is Well Marbled With Fat & Full Of Flavour)

Sliced & Slowly Braised Belly Of Pork Coated In A Sticky Teriyaki Glaze 15.00

Strips Of Chicken Breast, With One Of Our Dairy Free Sauces 14.75

Sliced Gressingham Duck Breast Served In A Sweet Thai Chilli Sauce 16.50

Large Lamb Shank Braised In Stock & Served With A Dairy Free Gravy 17.00

Piri Piri Chicken - Strips Of Chicken Breast In A Piri Piri Marinade 14.75

Chefs Roast Of The Day  
Served With Roast Potatoes, New Potatoes, Vegetables & A Gluten & Dairy Free Gravy 12.50  
(\* Children's Portion 7.50)

Chef's Home Cooked, Hand Carved Ham  
Served With An Egg, 10.50 (\*Children's Portion 6.25)

Pan Seared Fillet Of Sea Bass 16.25

Tiger Prawn, Chorizo, Chicken, Mushroom & Cherry Tomato Skewers In A Chilli Lime Marinade 16.50

Poached Salmon Supreme Topped & Grilled With A Honey & Balsamic Glaze 15.75

Double Fried Egg (V) 8.95 (\* Children's Portion 4.95)

Quorn & Gluten & Dairy Free Cumberland Vegan Sausage, Red Pepper & Baked Bean Casserole 10.95  
(\*Children's Portion 5.95)

All Meals Marked With \* Are Available In A Children's Portion

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### DAIRY FREE SAUCES

- Sweet Thai Chilli 2.50
- Rich Portobello Mushroom & Madeira Sauce 2.50
- Tangy BBQ 2.50

### A BIT ON THE SIDE

- Chips 3.25
- Sweet Potato Fries 3.25
- Mixed Baby Leaf Salad 3.25
- Garlic Oil Sautéed Mushrooms 2.75
- Chefs Creamy Coleslaw 2.75
- Toasted Gluten Free Garlic Ciabatta 3.50

### STAG SALADS

- To Include Mixed Baby Leaf Salad Leaves, Potatoes, Peppers, Coleslaw, Sliced Orange, Cucumber, Carrot, Onion & Cherry Tomatoes
- Grilled Mushroom & Avocado 14.50
  - Garlic & Chilli Tiger Prawn Skewers 12.50

### Desserts

- Chunky Apple Pie Served Hot With Gluten & Dairy Free Ice Cream 5.95
- Gluten & Dairy Free Vanilla Ice Cream 5.25
- Tangy Mango Sorbet 5.50

### SNACK MENU

(Sorry Not Available In Our Restaurant's)

Toasted Gluten & Dairy Free Ciabatta, With A Garnish Of Coleslaw & Leaves

- Tuna Mayonnaise 6.95
- Smoked Chopped Bacon & Sweet Thai Chilli 7.25
- Baby leaves, Cherry Tomatoes, Mushrooms & Olive Oil 6.50

Jacket Potato, With A Garnish Of Coleslaw & Leaves

- Tuna Mayonnaise 6.50
- Smoked Chopped Bacon & Sweet Thai Chilli 7.75
- Prawn & Marie Rose Sauce 7.75
- Baby Leaves, Cherry Tomatoes, Mushrooms & Olive Oil 6.50

**DID YOU KNOW... WE CAN CATER FOR ANY OCCASION & HAVE VARIOUS BUFFET MENUS & PARTY MENUS AVAILABLE TO VIEW ONLINE! WWW.STAGS-HEAD.COM**

**SUNDAY ROASTS ARE SERVED ALL DAY FROM NOON**

OUR FULL MENU + SUNDAY ROASTS ARE SERVED ALL DAY... OR UNTIL WE RUN OUT!

**BOOKING IS PLEASE ADVISED!**